

# CONFINED SPACE RESCUE AND RECOVERY

## Goal:

The aim of this unit is to reflect the national occupational standard for working as a rescue and recovery team in confined spaces. Delegate will be equipped to control entry and to enter High Risk Confined Spaces for the purposes of conducting rescues and recovery.

## Target group:

Experienced High Risk confined space entrants and emergency service personnel wishing to gain knowledge and qualification in executing rescues from confined spaces.

## Highlights:

- Recognised City & Guilds Level 3 certification in confined space rescue.
- Challenging simulations of complex rescues conducted.
- Work with advanced confined space rescue equipment.



## Working as a Member of a Rescue and Recovery Team in Confined Spaces City & Guilds Level 3 Award 6160-08



### Course length

24 hours (3 days)



### Instructor

1:6 with second trainers joining for the complex scenarios.



### Period of validity

3 years



### Certification

City & Guilds certification is available for an additional fee or an Outreach Rescue Certificate of Achievement issued



### Venue

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

## Description

This course equips delegates with the skills and knowledge necessary to work effectively as part of a rescue and recovery team in all classifications of confined spaces. Delegates are introduced to specialist rescue equipment and rescue systems which they will then put into practice throughout challenging and realistic scenario-based exercises designed to draw out specific learning points to encourage the delegates to evaluate risks and decide upon the most suitable extraction methods for casualties. This course covers the role of the entry controller as well as the entrants for Rescue and Recovery operations (it does not cover the planning aspects of Rescue and Recovery, which is covered in the 'Director of Confined Space Rescue and Recovery' course which is a 1-day progression from this course). This is a physically demanding course as it requires accessing, packaging and extraction of real-weight manikins through complex confined spaces, and is also mentally demanding as delegates must be cognisant of the ever changing risks, and suitable mitigation measures in these demanding environments where time critical rescue is essential. Successful delegates can work as members of Confined Space Rescue and Recovery teams.

## Compliance:

Confined Space Regulations 1997, National Occupational Standards for Working in Confined Spaces – EUJCS08

## Previous knowledge:

In-date 3-day High Risk Confined Space Entry award (issued within 3 years). If wishing to gain City & Guilds certification for this training, delegates must hold the City & Guilds 6160-03 award in High Risk Confined Space entry.

## Requirements:

Age 18+ and must be clean shaven each morning for Breathing Apparatus use. Delegates must be fit for this physically demanding course and have a comprehensive existing knowledge of working in High Risk Confined Spaces.

## Progression:

Recertification & Refresher training is recommended every 2 years by means of re-attending this course. This course is a prerequisite for the City & Guilds 6160-07 Director of Rescue and Recovery Team award

## Theoretical elements:

- Classroom sessions cover roles and responsibilities, emergency situations, specialist rescue equipment and decontamination procedures.
- This is only brief, allowing practical application of the skills for the majority of the course.
- Delegates must complete a written exam paper which is assessed.
- A course workbook is issued which is assessed.

## Practical elements:

- This course is predominantly practical and involves teaching sessions of specialist techniques including: Inchworm use, haul systems, stretchers, basic life saving (inc Oxygen and AED use), airline and EASE packs.
- These skillsets are then brought together in numerous scenarios to challenge the delegates in using these skills.
- Toe-capped boots and overalls are a requirement.
- All specialist equipment is provided.
- All practical elements are holistically assessed throughout the course.