



# VEHICLES IN WATER RESCUE FOR WATER FIRST RESPONDERS

## Goal:

To enable delegates to plan and execute successful casualty rescues from various types of vehicles in water, implementing appropriate rescue methods and considering medical implications.

## Target group:

Water First Responders who want to be better prepared for responding to incidents involving vehicles in water.

## Highlights:

- Specialist training for complex vehicle-in-water rescues.
- Options for both MOD 2 and MOD 3 responders, with tailored rescue techniques.
- Practical, scenario-based training at venues with controlled water rapids and access to submerged vehicles.

## Rescue from Vehicles in Water for DEFRA Mod 2

### Course length

8 hours (1 day)

### Instructor

1:6

### Period of validity

3 years

### Certification

Outreach Rescue Certificate of Achievement

### Venue

Pinkston White Water Centre- Glasgow. For bespoke courses, this can be delivered at other venues as booked by the customer.

## Description

This 1-day course focuses on the practical application of Rescue from Vehicles in Water utilising the skills covered in the Water First Responders Course (Mod 2)

The Rescue from Vehicles in Water course allows for the practical application of the skillsets that can only be covered in theory on the Water First Responder course. The course re-caps on the basic theoretical knowledge in the classroom and then is predominantly focused on practical drills in executing the various rescue methods. This one-day version of the course utilises only the skillsets of a Water First Responder (DEFRA Mod 2), which are non-buoyant options. These courses are delivered at suitable white water centres which allow a car to be placed in a controlled moving water environment. Delegate will learn hazard awareness relating to vehicles in water, methods of vehicle stabilisation, incident management, and casualty management. Following this training, delegates will have practical experience of rescuing from vehicles in water and will be far better prepared to safely respond to these incidents than the basic skillsets and awareness required at the Water First Responder (Mod 2) or Water Rescue Technician (Mod 3) level.

## Compliance:

Aligned with DEFRA water rescue standards for MOD 2 and MOD 3.

## Previous knowledge:

In-date DEFRA Mod 2 compliant award (or higher) (issued within 3 years)

## Requirements:

Age 18+. Delegates must be fit for physical training requiring the delegates to be competent in all Water First Responder (Mod 2) skillsets.

## Progression:

Recertification is recommended every 2 years by means of re-attending this course.

## Theoretical elements:

- Classroom sessions cover the basic theoretical elements, such as associated hazards of vehicles in water, incident management and planning.
- A course manual is issued.

## Practical elements:

- This course is predominantly practical, involving sessions demonstrating hydrological hazards and management, vehicle stabilisation techniques, safe vehicle access techniques (at Mod 2 level) and casualty extraction and management.

- This course is holistically assessed throughout.
- All specialist equipment is provided.