



# ROPE RESCUE SUPERVISOR INITIAL

## Goal:

To equip delegates with the necessary knowledge and skills to supervise rope rescue operations effectively, ensuring compliance with relevant regulations and safety standards.

## Target group:

Emergency Services personnel and personnel from organisations required to supervise operational work at height and rope rescue situations.

## Highlights:

- Designed for those supervising rope rescue operations.
- Includes advanced rescue equipment handling and maintenance.
- Focuses on comprehensive rescue planning and risk management.

## Description

The 5-day Rope Supervisor award ensures delegates are proficient in basic and advanced rope rescue techniques, and equips them with the supervisory skills to oversee Rope Rescue operations.

The Rope Rescue Supervisor course builds on the knowledge and skills of the Rope Rescue Operator and introduces advanced techniques and systems. Delegates learn supervisory skills in order to plan, resource and direct a team of Rope Rescue Operators to conduct complex Rope Rescue operations. Delegate will develop on the knowledge gained in the Rope Rescue Operator, furthering their knowledge in the specialist equipment available, understand forces and force vectors throughout the rescue systems, learn to analyse a situation, resources and crewing to devise suitable rescue solutions and develop their supervisory skills to ensure efficiency and safety of rescue operations. Delegate will learn written and dynamic risk assessment, formulating written rescue plans for peers, and method statements for conducting the rescue of casualties. This is a demanding course requiring a good understanding of Rope Rescue systems. Successful delegates will be equipped with the skills to supervise teams conducting Rope Rescue operations.

## Compliance:

BS 8454, Work at Height Regulations, LOLER, PUWER, NFCC Draft Rope Team Type Level 3+

## Previous knowledge:

In-date Rope Rescue Operator award (issued within 3 years), experience of Rope Rescue operations.

## Requirements:

Age 18+. Delegates must be fit for physical training and be proficient and experienced in all the skillsets of the Rope Rescue Operator.

## Progression:

Recertification & Refresher training is recommended every 2 years by means of attending the 3-day Rope Supervisors Recertification course. Successful completion allows entry to: Rope Instructor Training/Assessment. If delivered at Outreach Rescue this course satisfies Module 'Specialist Rescue Supervisor (5086EXQ)' for the Diploma in Specialist Rescue and is worth 30 credits.

## Theoretical elements:

- Classroom sessions cover risk assessing, devising method statements for rescue, rescue plans for rescuing of peers and the qualities of a good supervisor.
- Risk assessments, method statements and rescue plans must be produced by the delegates, these written works are assessed.
- A course manual is issued.

## Practical elements:

- This predominantly practical course first re-caps on the key personal skillsets of the Rope Supervisor and then progresses to scenario-based tasks.
- Throughout these exercises delegates will focus on the effects of forces, system height, deviations,

## Rope Rescue

### Supervisor Training & Assessment


## Course length

 36 hours (5 days)


## Instructor

 1:6


## Period of validity

 3 years

## Certification

 Outreach Rescue Certificate of Achievement

## Venue

 Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

friction, edge protection, rope stretch plus more.

- Advanced systems include reeve systems, cross hauls, lead climbing, lifelines, complex anchor systems, stretcher edge transitions and management.

- The course is holistically assessed throughout with an emphasis on when delegates direct the complex rescue operations.

- All specialist equipment is provided. "