



WATER RESCUE TECHNICIAN INSTRUCTOR

Goal:

To equip experienced water rescue technicians with the instructional skills needed to train others effectively at the DEFRA Mod 3 level.

Target group:

Experienced Mod 3-certified Water Rescue Technicians aiming to become instructors.

Highlights:

- Instructor-level certification in Water Rescue Technician (Mod 3) techniques.
- Comprehensive coverage of training delivery, safety, and scenario-based instruction.
- Aligns with DEFRA Mod 3 and NFCC Rescue Boat Code standards.



DEFRA & NFCC Mod 3, Technician Instructor

Course length

34 hours (5 days)

Instructor

2:7

Period of validity

2 years

Certification

A certificate of attendance is provided. To qualify as an instructor, participants must return for the Water Rescue Technician Instructor Assessment/Reassessment.

Venue

Llanllechid, Bangor, Gwynedd, North Wales, LL57 3HY. On-site delivery is available upon request.

Description

This 5-day course develops the instructional skills required to teach Water Rescue Technician (Mod 3) techniques, focusing on rescue management, safety, and training delivery.

This 5-day course prepares experienced Water Rescue Technicians (Mod 3) to instruct others at the DEFRA Mod 3 level. Combining classroom and practical sessions, the course covers lesson planning, scenario implementation, risk management, and assessment techniques. Participants will gain advanced skills in training design, group management, and delivering effective feedback. By the course's end, instructors will be equipped to teach critical water rescue techniques within the DEFRA Mod 3 framework, ensuring compliance with the NFCC Rescue Boat Code. A subsequent assessment is required to qualify officially as a Mod 3 Instructor.

Compliance:

DEFRA Mod 3 Instructor and NFCC Rescue Boat Code Mod 3 Instructor standards.

Previous knowledge:

In-date DEFRA Mod 3 compliant award, Advanced First Aid Award compliant with DEFRA Con-Ops Annex F, operational knowledge of operating as a Water Rescue Technician, working knowledge of DEFRA Flood Rescue Concept of Operations.

Requirements:

Age 18+. Operational fitness, proficiency in Mod 3 skills, and aptitude for water training.

Progression:

Recertification is required within 2 years. This module satisfies 'Specialist Rescue Instructor (5087EXQ)' towards a Diploma in Specialist Rescue (50 credits).

Theoretical elements:

- Training design, lesson planning, and delivery techniques
- Dynamic risk assessment and safe systems of work
- Understanding command, control, and multi-agency collaboration

Practical elements:

- Scenario-based instruction in water rescue techniques
- Group management and coaching of complex skills
- Implementing and assessing risk in practical training environments
- Real-time student assessment and feedback