

# CONFINED SPACE INSTRUCTOR

## Goal:

To equip delegates who are expert in Confined Space working and rescue with the skillsets to impart this knowledge to others through training programme delivery.

## Target group:

Emergency services personnel and organizational staff interested in developing, delivering and supervising training in Confined Space Entry and Rescue operations.

## Highlights:

- Develops instructional skills for safety critical training applications.
- Covers hazard assessment and mitigation in training venues.
- Emphasises safe practice in using specialist confined space equipment.

## Description

The Confined Space instructor award is a 5 day combined training and assessment programme designed to equip experienced confined space entrants and rescuers with the instructional skills to devise and deliver training programmes incorporating both Confined Space Entry and Confined Space Rescue and Recovery capabilities. This training course covers instructional skills, training design, safety considerations, scenario evaluation, and legal compliance with the Confined Space Regulations. Initially delegates re-cap on their technical knowledge, and then through classroom sessions learn the intricacies of instructional skills. Throughout the week delegates are then expected to deliver teaching sessions to peers on specific skills of confined space entry and rescue techniques, and also to create training scenarios to draw out specific learning points which they will then deliver to peers. Throughout these scenarios the delegates lead, they will risk assess, create a lesson plan, create a rescue plan, brief the group, oversee the drill and then debrief drawing out key training outcomes and giving constructive feedback. Scenarios throughout the week progress from simple entry drills, through to complex rescue scenarios. Delegate will also be expected to create and present classroom teaching sessions on the theoretical components of Confined Space working. Following this demanding course, successful delegates will have a remit to deliver confined space training at Low, Medium or High Risk, as well as Rescue and Recovery from Confined Space skills.

## Compliance:

Confined Space Regulations 1997, National Occupational Standards for Working in Confined Spaces – EUSCS03 & EUSC08

## Previous knowledge:

In-date 3-day High Risk Confined Space award AND Confined Space Rescue and Recovery Team Member award (issued within 3 years). Delegate must be competent in all aspects of the above courses for this demanding Instructors course.

## Requirements:

Age 18+ and must be clean shaven each morning for Breathing Apparatus use. Delegates must be fit for this physically demanding course and have a comprehensive knowledge of Confined Space entry and Rescue.

## Progression:

Recertification & Refresher training is recommended every 2 years by means of attending a 3 day recertification course.

## Theoretical elements:

- Classroom sessions cover training planning and delivery, the role of instructors, reviewing and assessing, risk assessing, lesson planning, teaching models and legislative considerations. #
- Delegates are guided through the production of training rescue plans, risk assessments and lesson plans.
- A course workbook is issued which is assessed.

## Practical elements:

### Confined Space Instructor Initial Training and Assessment



### Course length

35 hours (5 days)



### Instructor

1:6



### Period of validity

3 years



### Certification

Outreach Rescue certificate of achievement



### Venue

Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY.

- Practical sessions involve delegates delivering training sessions to peers, assessing peers abilities, creating and delivering training scenarios to draw out specific learning outcomes.
- All skillsets from High Risk entry and from Rescue and Recovery are included.
- Specialist equipment is provided.
- All practical elements are holistically assessed throughout the course.