



# LOW-RISK CONFINED SPACE ENTRY

## Goal:


The aim of this unit is to reflect the national occupational standard for a Low-Risk Confined Space environment. This unit covers both the water and non-water industry areas.

## Target group:

This course is for personnel with no existing Confined Space knowledge who are required to work in a low-risk Confined Space environment.

## Highlights:


- Learn how to utilise gas monitoring to identify hazardous atmospheres.
- Suitable for very simple confined space access such as shallow inspection chambers.
- Practical assessment is based on simulated real-world scenarios.



## Working in Low-Risk Confined Spaces City & Guilds Level 2 Award 6160-01




**Course length**  
8 hours (1 day)



**Instructor**  
1:8



**Period of validity**  
3 years



**Certification**  
City & Guilds certification is available for an additional fee or an Outreach Rescue Certificate of Achievement issued



**Venue**  
Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

## Description

This course equips delegates with the knowledge to identify and classify a simple Confined Space, to enter safely and follow safe systems of work. Spaces that fall within this classification (National Classification 1, or NC1) are typically shallow enough to not require fall protection, and will not have any reasonably foreseeable specified risks (as set by the Confined Space regs). Delegates learn the legal requirements of working in Confined Spaces, learn about safe tool and equipment usage, learn about emergency planning, understand standard protocols for low-risk Confined Space working, learn about atmospheric hazards and gas monitoring, and how to record their findings. This course does not cover any breathing apparatus or entries requiring work at height equipment (i.e. no harnesses or winches used). Whilst short, this course contains a lot of theory essential for safe working in these environments, and a written test paper is issued to confirm learning. Following completion, delegates will be qualified to work in NC1 and low-risk Confined Spaces.

## Compliance:

Confined Space Regulations 1997, National Occupational Standards for Working in Confined Spaces – EUSCS01

## Previous knowledge:

No previous knowledge or experience required.

## Requirements:

Age 18+. Participants must be fit for basic training involving having to use a short ladder (1.5m at most) and to crouch in an enclosed space.

## Progression:

Recertification & Refresher training is recommended every 2 years by means of re-attending this course.

## Theoretical elements:

- This course contains theory classroom sessions cover legal responsibilities, Confined Space classifications, risk assessment and mitigation, atmospheric monitoring and safe systems of work.
- A course manual is issued. A written paper is issued which is assessed.

## Practical elements:

- The theoretical knowledge is put into play through delegates completing basic work tasks in a number of Low-Risk (NC1) Confined Spaces.
- Toe-capped boots and overalls are a requirement.
- All specialist equipment is provided.
- All practical elements are holistically assessed throughout the course.