



# TOWER RESCUE

## Goal:

To equip participants with safe and effective tower rescue techniques for industrial settings.

## Target group:

Telecoms and utility workers, overhead line contractors, and structural inspectors/surveyors working on towers and masts.

## Highlights:

- Focuses on the practical use of PPE and rescue equipment.
- Comprehensive training on anchor points, equipment use, and casualty handling.
- "Train The Trainer": Instructor Training is also available for experienced delegates.

## Description

This one-day course provides telecom and utility workers with the skills to perform safe rescues when working on industrial towers and masts.

Tower Rescue trains telecoms and utility workers in rescue techniques required for tower and mast emergencies. This course, designed for those currently certified to work at height on industrial structures, provides comprehensive training on selecting and using rescue equipment, identifying suitable anchor points, and safely handling casualties. Participants will gain both theoretical and practical understanding of relevant height legislation, casualty management, and specific tower rescue techniques, preparing them to manage emergencies effectively.

## Compliance:

Working at Height Regulations 2005

## Previous knowledge:

Valid and in-date Safe Work At Height certification required.

## Requirements:

Aged 18+. Delegated must be medically fit for height-based work, and capable of completing practical tasks.

## Progression:

Recertification is recommended every 3 years. "Train The Trainer" Instructor training is also an option.

## Theoretical elements:

- Working at Height legislation and rescue requirements
- Risk and hazard identification for tower rescues
- Types of PPE and selection of suitable rescue equipment

## Practical elements:

- Climbing and selecting anchor points
- Practical rescue techniques and casualty handling
- Suspension trauma management and safe descent



## Industrial Tower Rescue Training

### Course length



8 hours (1 day)

### Instructor



1:6

### Period of validity



3 years

### Certification



Outreach Rescue "Tower Rescue" certificate of achievement

### Venue



Raglan, Clytha, Usk, Monmouthshire, NP15 2BQ or approved locations with tower or mast setup.