



# ROPE RESCUE INSTRUCTOR

## Goal:

To provide the framework of instructional skills and associated knowledge to instruct others in the equivalent of the Safe Work at Height and Rope Rescue Operator.

## Target group:

Emergency services and other personnel seeking to deliver training in Safe Work at Height and Rope Rescue. For supervision of operational rope rescue outside of a training environment, the Rope Rescue Supervisors Award is also required.

## Highlights:

- Prepares participants to train others in rope rescue and work at height techniques safely and effectively.
- Focuses on developing instructional, assessment, and rescue management skills.
- Completion of this training and subsequent assessment at Outreach Rescue satisfies module 'Specialist Rescue Instructor (5087EXQ)' for the Diploma in Specialist Rescue (50 credits).



## Instructor Training, Rope Rescue



### Course length

40 hours (5 days)



### Instructor


1:6



### Period of validity


2 years

### Certification



Certificate of attendance; additional assessment required for full instructor certification

### Venue



Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

## Description

This 5-day course equips participants with the instructional skills and knowledge to train others in Safe Work at Height and Rope Rescue techniques, including risk assessment, training delivery, and equipment management.

The Rope Rescue Instructor Training course is designed for those who aim to deliver and supervise training within the Safe Work at Height and Rope Rescue Operator scope. This course develops critical instructional skills, enabling participants to effectively plan, deliver, assess, and review rope rescue training. Covering diverse training environments, participants learn to handle risk assessments, manage rescue scenarios, and support students of varied abilities. Upon completion, participants receive a certificate of attendance; full instructor certification requires an additional assessment within two years.

## Compliance:

BS 8454, Work at Height Regulations, LOLER, PUWER

## Previous knowledge:

In-date Safe Work at Height and Rope Rescue Operator certification, with Rope Rescue Supervisor experience recommended

## Requirements:

Experience at a high standard in Safe Working at Height and Rope Rescue, operational fitness, and a demonstrated aptitude for training others

## Progression:

Must complete Rope Rescue Instructor Assessment within 2 years. Qualifies for the Specialist Rescue Instructor module for the Diploma in Specialist Rescue (50 credits).

## Theoretical elements:

- Planning and delivering Safe Work at Height and Rope Rescue training
- Risk Assessment and Rescue Plan development for diverse training environments
- Understanding of skills maintenance and development needs

## Practical elements:

- Supervising and rescuing students in difficulty
- Practising instructional and assessment methods for varied abilities
- Application and maintenance of rescue equipment