



MANAGING WORK AT HEIGHT

Goal:

To equip supervisors and managers with the skills and knowledge required to ensure the safe planning, supervision, and management of work at height activities.

Target group:

This course is for managers and supervisors that are responsible for planning, supervising and managing work at height.

Highlights:

- Provides a clear understanding of the principles of work at height and associated risks.
- Includes practical assignments for planning and supervising work at height.
- Focuses on legislative compliance and best practices for managing high-risk tasks.

Understanding Planning, Supervising and Managing Work at Height, City & Guilds, 6144-31

Description

This two-day course covers health and safety regulatory requirements, selecting staff and equipment, producing work schedules and site supervision for work at height. The course is classroom-based, and firstly educates delegates in best practice for working at height, and then continues to how to produce suitable documentation for works. Delegates are assessed by means of a written exam and must produce an assignment. Successful delegates are suitably qualified for positions requiring supervision and management of activities involving work at height.



16 hours (2 days)

Compliance:

Work at Height Regulations 2005, LOLER, PUWER, PPE Regs, Management of Health and Safety at Work Act, Health and Safety at Work Act

Instructor

1:8

Previous knowledge:

No previous knowledge or experience required, though prior knowledge of Work at Height is beneficial

Period of validity

Requirements:

Unlimited

Participants should be aged 18+ with the ability to participate in assignments and complete written

Certification



assessments.

Outreach Rescue Certificate of Achievement or a City & Guilds Level 3 Award (6144-31) for an additional fee.

Progression:

Recertification & Refresher training is recommended every 3 years by means of re-attending this course. Though this award does not expire.

Venue



Outreach Rescue, Tan-y-Bwlch Centre, Llanllechid, Bangor, Gwynedd, North Wales LL57 3HY

Theoretical elements:

- This course is classroom based and covers legislation, the work at height hierarchy, PPE, risk assessing, personnel competencies, rescue considerations and the development of documentation for the workplace.
- This course is assessed by means of a written exam paper and the completion of a work assignment which is completed during the course.

Practical elements:

- There are no practical training elements to this course.