



# UNDERSTANDING PLANNING, SUPERVISING AND MANAGING WORKING AT HEIGHT

## Goal:

To equip supervisors and managers with the skills and knowledge required to ensure the safe planning, supervision, and management of work at height activities.

## Target group:

This course is for managers and supervisors that are responsible for planning, supervising and managing work at height.

## Highlights:

- Provides a clear understanding of the principles of work at height and associated risks.
- Includes practical assignments for planning and supervising work at height.
- Focuses on legislative compliance and best practices for managing high-risk tasks.

## Description

Comprehensive two-day training for supervisors and managers to plan, supervise, and manage safe work at height in compliance with health and safety regulations.

Understanding Planning, Supervising, and Managing Work at Height (City & Guilds Level 3, 6144-31) is designed for individuals in supervisory or managerial roles within industries such as construction, utilities, and facilities management. This two-day classroom-based course provides in-depth knowledge of legislative requirements, risk assessment processes, equipment selection, rescue planning, and contractor management. Practical assignments and a multiple-choice exam ensure learners acquire the necessary skills to plan and oversee safe working at height activities. The course emphasises compliance with the Work at Height Regulations, Health and Safety at Work Act, and other relevant legislation, providing a robust foundation for maintaining workplace safety.

## Compliance:

Work at Height Regulations 2005, LOLER, PUWER, PPE Regs, Management of Health and Safety at Work Act, Health and Safety at Work Act

## Previous knowledge:

No formal entry requirements, but candidates should have basic knowledge of work at height or experience in a relevant industry.

## Requirements:

Participants should be aged 18+ with the ability to participate in assignments and complete written assessments.

## Progression:

Opportunity to progress to higher-level qualifications or more specialised work at height training.

## Theoretical elements:

- Principles and regulations governing work at height.
- Risk assessment and method statement preparation.
- Factors influencing equipment, staff, and contractor selection.

## Practical elements:

- Developing risk assessments and rescue plans.
- Supervising work at height scenarios.
- Evaluating and revising safety documentation.

## Understanding Planning, Supervising and Managing Work at Height, City & Guilds, 6144-31

### Course length

16 hours (2 days)

### Instructor

1:8

### Period of validity

3 years

### Certification

Outreach Rescue Certificate of Achievement or a City & Guilds Level 3 Award (6144-31) for an additional fee.

### Venue

Llanllechid, Bangor, Gwynedd, North Wales, or client-specific premises by arrangement.